

# Hello October!



Menu is subject to change without notice.

OCT. 2	Mini Beef Cheeseburger Sliders
OCT. 3	Chicken Tenders w/Potato Wedges & Roll
OCT. 4	Turkey Gravy w/Mashed Potatoes & Roll
OCT. 5	Mac & Cheese BBQ Pulled Pork Bowl
OCT. 6	Parmesan Chicken Sandwich
OCT. 9	Homemade Bean and Cheese Burrito
OCT. 10	Beef Walking Taco
OCT. 11	Green Chili Chicken Enchiladas w/Rice & Beans
OCT. 12	Turkey & Cheese Hoagie
OCT. 13	Chili Verde Pork Fries w/Graham Crackers
OCT. 16	Beef Pretzel Dog
OCT. 17	General Tso's Wings w/Potato Wedges & Fresh Baked Biscuit
OCT. 18	Red Chili Turkey Pozole w/Tortilla Chips
OCT. 19	Beef Enchiladas w/Rice & Beans
OCT. 20	Chicken and Waffles (Nat'l Chicken and Waffles Day)
OCT. 23	Chili Verde Fries w/Belly Bears
OCT. 24	Turkey Soft Tacos w/lettuce, tomatoes & Spanish Rice
OCT. 25	Chicken Fettuccini Alfredo w/Bread Stick (World Pasta Day)
OCT. 26	Beef Italian Pasta Bake w/Bread Stick
OCT. 27	Turkey Pepperoni Pizza Calzone
OCT. 30	Beef Pretzel Dog
OCT. 31	Kung Pao Chicken w/Chow Mein

ALL Students eat **FREE** // Adult Meal: \$5.50

## Middle School

### Fresh Marketplace

MONDAY	PROTEIN BOX
TUESDAY	TACO SALAD
WEDNESDAY	CRUNCHY CHICKEN WRAP
THURSDAY	CHEF SALAD
FRIDAY	SPICY CHICKEN SALAD W/TAPATIO RANCH

#### Condiment Choices:

Ketchup, Mustard,  
Mayonnaise, Homemade  
Ranch Dressing, Tapatio  
Sauce, Soy Sauce, Tajin

#### Daily Milk Choices:

1% Low Fat White Milk  
Non-Fat Chocolate Milk

### Daily Lunch Selections

Teriyaki Chicken w/Seasonal Vegetables and Chow Mein  
Pepperoni French Bread Pizza (Tuesday, Thursday, Friday Only)  
Spicy Chicken Sandwich  
The Hive Cheeseburger w/special sauce  
Macho Grande Burritos  
Yogurt Parfaits w/Fire Roasted Apples and Granola  
Seasonal Farm Fresh Fruit  
Cool Tropics 100% Fruit Juice Slush (Monday and Friday Only)  
Frozen Fruit Cup Variety (Tuesday and Thursday Only)  
Vegetarian BBQ Baked Beans  
Spring Mix Garden Salad  
Seasoned Potato Wedges  
Baby Carrots

